PLAN FOR THE FIRST FOUR DAISY GIRL SCOUT MEETINGS

Please keep the following points in mind as you make plans to begin meeting with your new Daisy Girl Scouts:

- The goals of the first four to six meetings are to allow everyone to become acquainted and begin to consider themselves a troop or group; to understand that they are part of a larger group of Girl Scouts (council and national organization); and to begin to understand the foundation of Girl Scouting, the Girl Scout Promise and the Girl Scout Law.

- The suggested meeting outlines are provided to assist you in getting started. You may change the activities to suit your needs.

- Some troops meet each week while others meet every other week. Length of meetings will vary by troops but average between one hour and one and one half-hours.

- The Guide for Daisy Girl Scout Leaders has detailed information on planning for troop meetings.

Daisy Girl Scout meetings can be broken into sections to help with planning.

Pre-meeting/gathering: An activity that girls do as they arrive.

Opening: A calling together of all girls to begin the meeting. Should be a small amount of time.

Sharing time: Voluntary sharing by girls of their interests, feelings and daily interests.

Activities: The major part of the meeting should be spent doing activities such as ceremonies, songs, games and programs.

Snack time: A short but relaxed time together. If meeting occurs near mealtime then juice can serve as the snack.

Clean-up: A set time for all girls to help with the clean-up as necessary.

Closing: A song, game, or friendship circle that officially ends the meeting.
THE FIRST MEETING

Objective: To become acquainted with each other.

Pre-meeting Upon arrival each girl receives a picture of a daisy to color. Place girl’s name in the center beforehand.

Opening Adults and girls join hands in a circle and walk toward each other from all around the circle meeting in the middle with clasped hands raised. Say a greeting (hello, hi, how are you, etc.) and walk backward into a full circle again holding hands. Stay in the circle either sitting or standing and each person says “____________ is here.” Be sure each person has a turn to announce herself.

Sharing Each girl should have an opportunity to talk about herself or her family. Have a length of yarn or string about 12 -18 inches long. A girl begins winding the string around her finger as she begins to talk, and her “turn” is over when the string is wound.

One of the leaders could be last, and her sharing could consist of showing what the activity is for this meeting.

Activity Me In Paper (Page 97 in The Guide For Daisy Girl Scout Leaders)

This is a very creative activity for Daisy Girl Scouts who are just beginning to get a definite sense of their bodies.

Materials

1 roll of 36’ wide paper tape
blunt-edged scissors cloth scraps
crayons, pencils, markers colored paper
 glue wallpaper, etc.
yarn

Girls should work in pairs for this activity. After they have found someone with whom to work, the paper is spread out on the floor.

One partner lies face up on the paper, while the other traces her partner’s body with a crayon, drawing around the head, neck, arms, waist, legs, all the way around the partner’s body. Then they switch.
Each person will have a tracing of her body done by her partner.

Each girl takes her paper statue and decorates it putting in as many details as possible – eyes, nose, mouth, hair, skin, clothes, etc. She may use any of the available materials to do this.

When they’re finished decorating the girls cut out their statues along the thick crayon outlines and display them. Talk about differences, similarities in decorations, size, etc.

Clean-Up Girls should be given a 5-minute warning before it is time to clean-up. Each girl is responsible for cleaning up her area. As girls finish ask them to sit in a circle. (Hint: Place pieces of masking tape on the floor to indicate place where a child is to sit or place carpet remnant or sit-upon on floor in the shape of a circle.

Closing Girls in circle join hands. Leader reminds girls of next meeting and says “good-bye.”

THE SECOND MEETING

Objective: To learn about Juliette Low through the Daisy Girl Scout story and learn about the friendship circle.

Pre-Meeting Greet girls as they arrive and direct them to decorate a paper bracelet. Have an adult tie each girl’s bracelet on her right wrist as she is finished. (Before meeting cut construction paper into 2” wide strips about 6” long for bracelet and punch a small hole in either end; also cut 3” length of yarn.)

Opening Have girls gather to form a friendship circle. Ask each girl to cross their right arm (the one with the bracelet) over their left and hold the hands of the people on either side of them. Explain that you will gently squeeze the hand of the person to your right as a sign of friendship and that the squeeze should travel around the circle until it return to you.

Sharing Have everyone sit in a circle. Allow girls the opportunity to share events from the previous week. Use the yarn or string that was used the first week to determine time for speaking.

Activity Demonstrate the Girl Scout Sign. (Hold up right hand with the middle three fingers extended and the little finger held
down by the thumb.) Explain how the sign represents the 3 parts of the Girl Scout Promise. Recite the Promise to the troop. Have each girl make the sign with her right hand. Recite the promise once more. Point out the 3 parts of the Promise and once again have the girls make the sign as you recite the Promise encouraging them to recite the Promise with you this time.

Remember that at this age it is difficult for girls to sit still for extended amounts of time. Move around, sing a song, march in place, but be active for a couple of minutes so that you will have their attention as you move to the next activity.

Have the girls sit down for a “special story”. Read the Story of Juliette Low*. Afterwards discuss the story with the girls. Reinforce the events and interesting points mentioned in the story. Have each girl draw a picture of something she liked in Daisy’s story. Explain to the girls that in a few weeks there will be a special meeting called a “ceremony” and that their parents will be joining you. Let them know that their picture will be used as decoration at the ceremony.

Clean Up Give a 5-minute warning. Encourage everyone to participate in clean up.

Closing Form a friendship circle once again. Sing or teach a simple song. Close with the friendship squeeze.

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THIRD MEETING

**Objective:** To continue to learn the Girl Scout Promise and to form a basis of understanding the Girl Scout Law.

**Pre-Meeting** Have ready 8 ½ x 11 sheets of paper with a large daisy shape drawn which includes a center circle. Girls will draw a self-portrait in the circle. Pictures will be used in their investiture ceremony (Pages 34-35 of *The Guide For Daisy Girl Scout Leaders*).

**Opening** Practice using the Girl Scout Sign and repeat the Promise.
Sharing
Welcome each girl. Ask if there is anyone who has something to share. Use the yarn or string to time for speaking.

Activity
Introduce the Girl Scout Handshake. (Hold right hand up with the Girl Scout Sign and shake hands using the left hand.) Explain that Girl Scouts and Girl Guides all over the world use this greeting. Allow each girl to greet all troop members in this manner.

Play “Daisy to Daisy” (Page 90 in The Guide For Daisy Girl Scout’s). One person is the caller. The girls pair off into twos. The caller chants out different body parts that the paired players must match by touching.

Example: Caller chants “nose to nose”, partners touch nose to nose. Caller chants “head to head”, partners touch heard to head, etc.

When the caller chants “Daisy to Daisy” everyone runs to find another partner and the chants begin again. Different callers can be chosen through the game.

This is a great way for Daisy Girl Scouts to build confidence and troop spirit.

Have the girls sit in a circle and read the story “Who is a Daisy Girl Scout?”*

Clean Up
Introduce the concept of a kaper chart (Pages 57 and 60 of The Guide For Girl Scout Leaders).

Closing
Girls give a good-bye handshake to the person on her immediate right. Then cross hands right over left and close with the friendship squeeze.

FOURTH MEETING

Objective: To begin planning an investiture ceremony.

Pre-meeting

Opening Using the Girl Scout sign say the Promise as a group. Read the Girl Scout Law to the girls. (Do not plan to have them memorize it.)
Sharing  Ask is there is anyone who has something to share. Use the yarn or strong to determine time for speaking.

Activity  Form a Daisy Circle sitting on the floor. Explain that in future meetings the Daisy Circle is where they will be making decisions as a group. Remind the girls of the investiture ceremony and that you will need them to help plan it. Allow the group to help plan the ceremony with simple choices such as what song to sing, what type of refreshments to serve, etc.

Have girls decorate (crayon, glitter, etc.) pre-printed invitations and glue the paper to construction paper. These can be taken home by the girls or mailed by the leader.

Explain that during the year each girl will make a Daisy Scrapbook in which to record their activities. Have girls decorate the front cover (construction paper) of her scrapbook. These can also be displayed at the Investiture ceremony.

Play the “Mirror Game”. Girls are partnered with another girl. One girl is the leader and one is the follower, or mirror. The mirror tries to reflect what the leader is doing. She follows the movement simultaneously. If the leader moves her hand upward, the mirror will do it too. If the leader wrinkles her nose, the mirror will also do that at the same time. After four or five actions, the girls switch roles.

Clean Up  As a group, or by using a kaper chart, girls clean up the craft supplies and return chairs if used.

Closing  Form a friendship circle. If the girls have chosen to sing a song at their Investiture practice singing it. Otherwise close with the friendship squeeze.